

Weekly Menu: Autumn/Winter - Week 3

(2nd Jan, 23rd Jan)

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home
Spaghetti Bolognese Garlic Bread Salad Green bean	Spanish Chicken, green bean, sweetcorn & bread	Turkey,pots, pigs in blanket, carrot cabbage gravy	Chicken Pasta, peas, broccoli, garlic bread	Jumbo Fish Finger Chips, corn on cob peas ketchup
Lentil Bolognese, Garlic bread, Salad Green beans	Veggie Paella, green bean, sweetcorn & bread	Ratatouille pasta, carrots & cabbage	Veggie Gnocchi, peas, broccoli & garlic bread	Quorn Sausages chips, corn on cob peas ketchup
Jacket Potato with Cheese, Beans & Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad
Jacket potato with Tuna and Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad
Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad
Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad
G&Go, Tuna Wrap, Crisps, Yoghurt, Fruit, Juice	G&G Cheese Sandwich, Soreen, fruit, yoghurt, juice	Grab & Go Ham Roll, crisps, yoghurt, fruit & juice	G&Go, Cheese Pitta, Soreen, Fruit, Yoghurt, Juice	G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice
Dessert	Dessert	Dessert	Dessert	Dessert
Syrup Sponge and Custard	Spanish rice pudding	Chocolate Chip Cookie	Flapjack	Blueberry Muffin Cake
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt
Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits

Allergens

Spaghetti Bolognese Garlic Bread Salad Green bean:**Cereals containing gluten**; Lentil Bolognese, Garlic bread, Salad Green beans:**Celery,Cereals containing gluten**; Jacket Potato with Cheese, Beans & Salad:**Milk**; Jacket potato with Tuna and Salad:**Eggs,Fish,Mustard**; Jacket Potato with Cheese and salad:**Milk**; G&Go, Tuna Wrap, Crisps, Yoghurt, Fruit, Juice:**Cereals containing gluten,Eggs,Fish,Milk,Mustard,Sulphur Dioxide**; Syrup Sponge and Custard:**Cereals containing gluten,Eggs,Milk**; Fruit Flavoured Yoghurt:**Milk**; Cheese and Biscuits:**Cereals containing**

gluten,Eggs,Milk,Sesame seeds; Spanish Chicken, green bean, sweetcorn & bread:**Cereals containing gluten,Sesame seeds**; Veggie Paella, green bean, sweetcorn & bread:**Celery,Cereals containing gluten,Sesame seeds**; G&G Cheese Sandwich, Soreen, fruit, yoghurt, juice:**Cereals containing gluten,Milk,Soya**; Spanish rice pudding:**Milk**; Turkey,pots, pigs in blanket, carrot cabbage gravy:**Cereals containing gluten,Milk,Sulphur Dioxide**; Ratatouille pasta, carrots & cabbage:**Cereals containing gluten,Milk**; Grab & Go Ham Roll, crisps, yoghurt, fruit & juice:**Cereals containing gluten,Milk,Sesame seeds,Sulphur Dioxide**; Chocolate Chip Cookie:**Cereals containing gluten,Eggs,Milk,Soya**; Chicken Pasta, peas, broccoli, garlic bread:**Cereals containing gluten,Milk,Soya**; Veggie Gnocchi, peas, broccoli & garlic bread:**Cereals containing gluten,Milk,Soya**; G&Go, Cheese Pitta, Soreen, Fruit, Yoghurt, Juice:**Cereals containing gluten,Milk,Soya**; Flapjack:**Cereals containing gluten**; Jumbo Fish Finger Chips, corn on cob peas ketchup:**Cereals containing gluten,Fish,Milk,Mustard**; Quorn Sausages chips, corn on cob peas ketchup:**Cereals containing gluten,Eggs,Milk**; G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice:**Cereals containing gluten,Milk,Sulphur Dioxide**; Blueberry Muffin Cake:**Cereals containing gluten,Eggs,Milk**