



PROJECT GAMBIA

The Blue Kite
Academy Trust

The Abbey Meads Amble 2023

5K Walk-Jog-Run-Crawl

When: 25th March 2023

Time: 10am Registrations
11am Start



Come and join us for what is affectionately known as **The Ambler.** One person's sprint is another person's amble. Come and walk, jog, run or even crawl around our specially designed 5K route around Abbey Meads and Seven Fields.

Whether a 20-minute dash or a scenic stroll, 5km is 5km (3.1 miles)! Amble, scramble or ramble your way around and we will celebrate 'finish lines' not 'finish times' ... *unless you want to try for one of the fastest age group times!*

There is a small entry fee of £3.00 per person - but feel free to collect sponsors too!

There will be a medal for all finishers and a Fun Day to follow, with bouncy castles, BBQ, cakes and other refreshments available.

All money raised will be going to schools run by Project Gambia, a charity for which one of our Governors, Neil Griffiths, is a Trustee.

We hope to sponsor some children through a full year of education, in these charity run schools. To provide uniform, food and education for one child it costs just £60.00 a year.

We hope each class will sponsor a child, if we raise sufficient funds.

(£2.00 from each AMCPs pupil would provide a full year's education for 15 infant children through [Project Gambia](#))



£3.00
entry
fee

To apply for this event, please visit [ParentPay](#)



ParentPay



**Find out more about the charity,
by visiting this link:**

<https://www.projectgambia200.com/>