

Weekly Menu: Autumn/Winter - Week1

(9th Jan, 30th Jan)

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home
Sausage Casserole, Mash potato, Green Bean, Carrot	Chicken Korma, Rice, Onion Bahji, Naan	Roast Chicken & pots, broc carrots stuffing & gravy	Meat Pizza, pot wedges, corn on cob, coleslaw	Fish Fingers, chips, peas, baked bean, ketchup
Bean Casserole, Mash Potato, Green Bean, Carrots	Sweet Pot chickpea, spinach korma, rice bhaji naan	Leak & Pot Pie, Broc, carrots, stuffing & gravy	Veggie Pizza, pot wedges, corn on cob, coleslaw	Macaroni Cheese, chips, peas, baked beans, ketchup
Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad
Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad
Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad
Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad
G&Go, Tuna Wrap, Crisps, Yoghurt, Fruit, Juice	G&G Cheese Sandwich, Soreen, fruit, yoghurt, juice	Grab & Go Ham Roll, crisps, yoghurt, fruit & juice	G&Go, Cheese Pitta, Soreen, Fruit, Yoghurt, Juice	G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice
Dessert	Dessert	Dessert	Dessert	Dessert
Apple Crumble and Custard	Ice Cream	Shortbread	Fruit Jelly with cream	Jam Doughnuts
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt
Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits

Allergens

Sausage Casserole, Mash potato, Green Bean, Carrot: **Celery, Cereals containing gluten, Milk**; Bean Casserole, Mash Potato, Green Bean, Carrots: **Celery, Milk**; Jacket potato with Tuna and Salad: **Eggs, Fish, Mustard**; Jacket Potato with Cheese, Beans & Salad: **Milk**; Jacket Potato with Cheese and salad: **Milk**; G&Go, Tuna Wrap, Crisps, Yoghurt, Fruit, Juice: **Cereals containing gluten, Eggs, Fish, Milk, Mustard, Sulphur Dioxide**; Fruit Flavoured Yoghurt: **Milk**; Cheese and Biscuits: **Cereals containing gluten, Eggs, Milk, Sesame seeds**; Chicken Korma, Rice, Onion Bahji,

Naan: **Milk**; Sweet Pot chickpea, spinach korma, rice bhaji naan: **Cereals containing gluten, Milk**; G&G Cheese Sandwich, Soreen, fruit, yoghurt, juice: **Cereals containing gluten, Milk, Soya**; Ice Cream: **Milk**; Roast Chicken & pots, broc carrots stuffing & gravy: **Cereals containing gluten**; Leak & Pot Pie, Broc, carrots, stuffing & gravy: **Cereals containing gluten, Milk**; Grab & Go Ham Roll, crisps, yoghurt, fruit & juice: **Cereals containing gluten, Milk, Sesame seeds, Sulphur Dioxide**; Shortbread: **Cereals containing gluten**; Meat Pizza, pot wedges, corn on cob, coleslaw: **Cereals containing gluten, Eggs, Milk, Mustard, Soya**; Veggie Pizza, pot wedges, corn on cob, coleslaw: **Cereals containing gluten, Eggs, Milk, Mustard, Soya**; G&Go, Cheese Pitta, Soreen, Fruit, Yoghurt, Juice: **Cereals containing gluten, Milk, Soya**; Fruit Jelly with cream: **Milk**; Fish Fingers, chips, peas, baked bean, ketchup: **Cereals containing gluten, Fish**; Macaroni Cheese, chips, peas, baked beans, ketchup: **Cereals containing gluten, Milk**; G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice: **Cereals containing gluten, Milk, Sulphur Dioxide**; Jam Doughnuts: **Cereals containing gluten, Eggs, Sesame seeds, Soya**