

Weekly Menu: Autumn/Winter - Week 2

(16th Jan, 6th Feb)

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home
Chicken Burger, Herb potatoes Green bean Sweetcorn	Chicken Fajitas, Mexican rice, nachos & salad	Roast Beef & pots, york pud, cauli, carrot, gravy	Beef Lasagne, garlic bread, broccoli & peas	Fish and Chips, spaghetti hoops, sweetcorn Ketchup
Veg Noodle Stir Fry, Green bean, Sweetcorn	Pepper/Courgette Fajitas, Mexi rice, nachos salad	Quorn Balls & roast pots, cauli, carrots & gravy	Veggie Lasagne, garlic bread, broccoli & peas	Vegetable Risotto & sweetcorn
Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad
Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad
Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad
Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad
G&Go, Tuna Wrap, Crisps, Yoghurt, Fruit, Juice	G&G Cheese Sandwich, Soreen, fruit, yoghurt, juice	Grab & Go Ham Roll, crisps, yoghurt, fruit & juice	G&Go, Cheese Pitta, Soreen, Fruit, Yoghurt, Juice	G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice
Dessert	Dessert	Dessert	Dessert	Dessert
Iced sponge cake	Cheese Cake	Raspberry ripple mousse	Chocolate sponge cake & chocolate sauce	Carrot Cake
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt	Fruit Flavoured Yoghurt
Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits

Allergens

Chicken Burger, Herb potatoes Green bean Sweetcorn: **Cereals containing gluten, Sesame seeds**; Veg Noodle Stir Fry, Green bean, Sweetcorn: **Celery, Cereals containing gluten, Eggs, Soya**; Jacket

potato with Tuna and Salad:**Eggs,Fish,Mustard**; Jacket Potato with Cheese, Beans & Salad:**Milk**; Jacket Potato with Cheese and salad:**Milk**; G&Go, Tuna Wrap, Crisps, Yoghurt, Fruit, Juice:**Cereals containing gluten,Eggs,Fish,Milk,Mustard,Sulphur Dioxide**; Iced sponge cake:**Cereals containing gluten,Eggs**; Fruit Flavoured Yoghurt:**Milk**; Cheese and Biscuits:**Cereals containing gluten,Eggs,Milk,Sesame seeds**; Chicken Fajitas, Mexican rice, nachos & salad:**Cereals containing gluten**; Pepper/Courgette Fajitas, Mexi rice, nachos salad:**Cereals containing gluten**; G&G Cheese Sandwich, Soreen, fruit, yoghurt, juice:**Cereals containing gluten,Milk,Soya**; Cheese Cake:**Cereals containing gluten,Eggs,Milk,Soya**; Roast Beef & pots, york pud, cauli, carrot, gravy:**Cereals containing gluten,Eggs,Milk**; Quorn Balls & roast pots, cauli, carrots & gravy:**Cereals containing gluten,Eggs,Milk**; Grab & Go Ham Roll, crisps, yoghurt, fruit & juice:**Cereals containing gluten,Milk,Sesame seeds,Sulphur Dioxide**; Raspberry ripple mousse:**Milk**; Beef Lasagne, garlic bread, broccoli & peas:**Cereals containing gluten,Milk,Soya**; Veggie Lasagne, garlic bread, broccoli & peas:**Cereals containing gluten,Milk,Soya**; G&Go, Cheese Pitta, Soreen, Fruit, Yoghurt, Juice:**Cereals containing gluten,Milk,Soya**; Chocolate sponge cake & chocolate sauce:**Cereals containing gluten,Eggs,Milk**; Fish and Chips, spaghetti hoops, sweetcorn Ketchup:**Cereals containing gluten,Fish**; Vegetable Risotto & sweetcorn:**Celery,Eggs,Milk**; G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice:**Cereals containing gluten,Milk,Sulphur Dioxide**; Carrot Cake:**Cereals containing gluten,Eggs**