

# What's happening in the news this week?



Let's have a look at this week's poster!

2nd - 8th October 2023



# Can anyone break a world record?



Guinness World Records 2024



## Let's look at this week's story

The 2024 edition of the Guinness World Records has been released. This year, over 30,000 applicants submitted their achievements, but only 2,638 records were selected for the edition, which features more than 80% new and updated records. The annual collection of records has run since 1955, when it was first inspired by the question 'What's the fastest game bird in Europe?'. Its latest edition is themed around the Blue Planet, with a number of records celebrated, including those set by impressive marine creatures, adventurous sailors and record-breaking lakes, rivers and icescapes.



Learn more about this week's story [here](#).  
Watch this week's useful video [here](#).  
This week's Virtual Picture News [here](#).



# How does it make me feel?



<b>sad</b>	<b>angry</b>	<b>happy</b>	<b>confused</b>	<b>excited</b>	<b>worried</b>	<b>shocked</b>	<b>afraid</b>
despondent disconsolate dismal doleful downhearted forlorn gloomy melancholic miserable woeful wretched	aggrieved annoyed discontented disgruntled distressed exasperated frustrated indignant offended outraged resentful vexed	beaming buoyant cheery contented delighted enraptured gleeful glowing joyful	addled baffled bemused bewildered disorientated indistinct muddled mystified perplexed puzzled	animated elevated enlivened enthusiastic exhilarated exuberant thrilled	agitated anxious apprehensive concerned disquieted distraught distressed disturbed fretful perturbed troubled uneasy	astonished astounded disconcerted distressed dumbfounded horrified staggered startled stunned surprised	alarmed apprehensive daunted fearful frantic horrified petrified terrified

# This week's story looks at events related to ...





## Read through the information below about some of this year's world record breakers.

### What is a Guinness World Record?

The Guinness World Records is a reference book, published annually, listing world records both of human achievements and the extremes of the natural world.

All Guinness World Records' titles must fulfil key criteria including:

- Measurable: Is it the fastest/longest/heaviest/most?
- Breakable: Can the record be broken or repeated by someone else? All record titles must be open to being challenged.

### What are some of the new records for 2024?



**Pictured above** is Nicholas Cherrywood from the USA, who has the largest collection of Care Bears in the world!

He has 1,234 Care Bears and it is thought they are worth over £100,000!



**Pictured above** is owner, Fred Balawender, with Tommy, who is the world's tallest steer (a type of male cattle), measuring 6ft 1in (1.87m)!

**Pictured right** is Grace Good, who holds the record for the most fire hoops spun simultaneously – 8!



Source: The Guinness World Records.

**Is attempting to break a world record something that appeals to you?  
What type of record would you try for? Why?**



Look at the resource below, which shares some information about the history of the Guinness World Records.

The Guinness World Records was originally called the Guinness Book of World Records.



The idea came about in the early 1950s when Sir Hugh Beaver, the Managing Director of the Guinness Brewery, decided a book of facts to solve arguments in pubs was needed. He had previously argued about what the fastest game bird was in Europe and was unable to find a reference book to prove what he thought was correct!



In 1954, Sir Hugh invited twins Norris and Ross McWhirter to write the book. The brothers were fact-finding researchers.



In 1955, the first ever Guinness Book of World Records was published. It sold 187,000 books within a year.



**Do you think a book of world records was a good idea?  
Would it stop people from arguing? Why?**

## Resource two



Look at the resource below, which shares the process Guinness World Records has for people who want to set or break a record.

1

To become a world record holder, you must go through an application process. Before applying, Guinness World Records suggests the first step is to read what makes a record, reasons applications are rejected and how to apply.

Each year, a large number of applications are rejected. It is unlikely to be a record if it can't be measured, weighed or counted!



2

If you believe you have a record that can be set or broken, the next step is to register on the Guinness World Records website so that you can access the record database. You can then search for a record you would like to challenge or apply to set a new record.



4

If the application is accepted, you will receive information about the next steps.



3

Next, you complete and submit your application. This can take up to 12 weeks to process, sometimes longer. There is an option to purchase a priority application for a charge. This will be processed in 5 working days.

5

All records need to be verified by Guinness World Records so evidence must be submitted. This may be from timekeepers, stewards, witnesses, videos and photographs.

Almost 30% of records are not approved as the evidence submitted is incorrect or insufficient.



**What do you think about the process? Is there anything else you want to find out?  
Can you make any suggestions to improve it?**





# Can anyone break a world record?

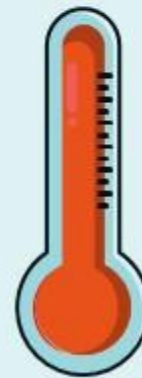
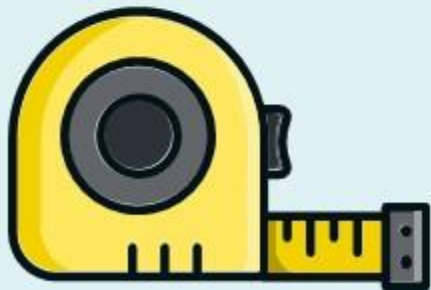


Guinness World Records 2024

# Reflection



Guinness World Records says that a world record is not simply a fact but a way to measure ourselves. Knowing 'the biggest, the smallest, the fastest, the most and the least,' it says, helps us understand our position in the world and how we fit in.





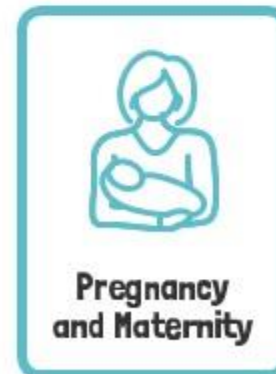
# Mutual Respect and Tolerance

The Guinness World Records provides a fantastic opportunity to see the gifts, talents and interests other people living all over the world have. I understand and respect that not everyone is the same as me.

# Protected Characteristics



A belief is something that affects our life choices and the way we live. Our gifts, talents and interests can influence our beliefs. We should never be treated unfairly because of our beliefs.





# UN Rights of a Child



If we choose to attempt a world record, our parents or carers will guide and help us and make sure it is safe. Adults should do what is best for children.



# Useful vocabulary



## Applicants

People who make a formal request for something.

This year, over 30,000 **applicants** submitted their achievements.

## Edition

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## Fulfil

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## Themed

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Its latest edition is **themed** around the Blue Planet.

**Can you use them in your writing this week?**

# Picture News



## Can anyone break a world record?

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- Look at this week's poster image and talk about what you can see. What do you believe the news story could be about? It shows 15-year-old Simeon Graham, who has broken three world records this year, managing to achieve the most juggling catches in one minute with five, six and seven objects.
- Read through the information found on the assembly resource about some of this year's world record breakers. Is attempting to break a world record something that appeals to you? What type of record would you try for? Why?
- Why do you think people apply to break world records? Do you feel there are certain personality traits that mean people would be more likely to make attempts?
- Do you think some records would be easier to set than others? Talk through some of the different types of records there are e.g., sporting achievements, challenges with animals or collecting items. Despite their differences, what do they all have in common? E.g., that they will have taken a lot of time or effort to complete.

### Reflection

Guinness World Records says that a world record is not simply a fact but a way to measure ourselves. Knowing 'the biggest, the smallest, the fastest, the most and the least,' it says, helps us understand our position in the world and how we fit in.

# Picture News



## KS1 focus

### What is the history of the Guinness World Records?



- Talk about anything you already know about the Guinness World Records. Have you ever seen the book? Have you read any of it? Can you remember any records that are found in it?
- Look at resource 1, which shares some information about the history of the Guinness World Records. Do you think a book of world records was a good idea? Do you think it stopped people arguing? Why?
- In 1999, the Guinness Book of World Records changed its name to the Guinness World Records. Why do you think the name might have changed? Have you read the Guinness World Records book, or did you find out about the records elsewhere?
- Every year, since 1955, the Guinness Book of World Records has been published. Why do you think the book is so popular? Do you find the records interesting and fun?
- The Guinness World Records document incredible, amazing and interesting achievements. Do you have a gift or talent that could become a world record? What do you think it would take to break a world record?
- Is being a world record holder something you would like? Does everyone feel the same? Why?
- Think about your own personal records. Do you have a personal best for running 50m or completing your times tables test? Can you beat your own record?

### Reflection

The Guinness Book of World Records was first published in 1955. Every year since then, we have been able to read the incredible, amazing, fun and interesting records that have been achieved!

# Picture News



## KS2 focus

### What is the process of trying to set or break a Guinness World Record?



- Setting or breaking a Guinness World Record can be an incredible achievement. Have you ever thought about being a world record holder? What record do you think you might set or attempt to break? Why?
- The Guinness World Records has a process for people who want to set or break a record. Look at resource 2, which shares more information about this. What do you think about the process? Is there anything else you want to find out? Can you make any suggestions to improve it?
- If you want to speed up your application process, you need to pay a fee. How do you feel about this? Can you think of any other examples when there is a cost to speed up a process?
- Do you know of anyone who has ever broken or attempted to break a world record? Were you aware there was a process that needed to be followed? Do you think that might put some people off?
- The Guinness World Records website contains a large amount of information about making sure you have a successful application and ensuring you provide the correct evidence. However, each year there are still a huge number of rejections. Why do you think this might be?
- Discuss other times when you may need to fill in an application form e.g., for a job, buying a car, joining a club.

### Reflection

To set or break a record, there is a process that must be followed correctly. There will be many times throughout our lives when we will have to follow a process so that we can achieve what we set out to.



## KS2 follow-up ideas

### Option 1

Guinness World Records are a collection of incredible, amazing or interesting achievements. They document our gifts, strengths, talents or interests. Think about:

- What are you good at?
- Can you tell someone else something you think they are good at?
- What could you describe as your gifts?
- What interests do you have? Is there a world record that interests you?
- Would you describe being kind as a gift, strength or talent?
- How could you use your gifts to achieve your goals?

Create a record by drawing and writing some of your gifts, talents, strengths and interests. Add how you could use these to achieve your goals and hopes for the future.

### Option 2

All Guinness World Records must be measurable. Make a list of measures e.g., time, weight, distance, speed, length, capacity.

- Can you suggest a unit of measure for each?
- What might you use to record the measurements e.g., stopwatch, ruler, scales?

Explore the Guinness World Records website to find some records that interest you.

- What has been measured?
- What units have been used?
- Can you record the measurement using different units?



## KS1 follow-up ideas

### Option 1

If someone breaks or sets a Guinness World Record, they are issued a certificate to show that they have achieved it.

- Have you ever been awarded a certificate?
- What was it for?
- How did receiving it make you feel?
- Do you have your certificate displayed somewhere?

Design and make a certificate that you could award to somebody. Think about:

- What will your certificate be awarded for?
- What will it say on it?
- What images or pictures will you include?
- What size will the certificate be?
- Will you include the date and a signature?

### Option 2

Use this opportunity to set some class PE records. Use the following to help:

- Longest time balancing on one leg.
- Highest number of bean bags thrown into a hoop without missing one.
- Fastest sprint time.
- Highest number of star jumps in 30 seconds.
- Furthest distance of a thrown tennis ball.

Before you begin your challenges, think about how you will record them, the equipment you will need and how you will make sure everyone takes part fairly. Once you have completed them, celebrate your class record holders. Perhaps you could practise and try to beat one of the records another time!



## This week's useful websites

### This week's news story

<https://news.sky.com/story/guinness-world-records-astronauts-jugglers-and-cuddly-toys-who-has-made-it-to-the-book-for-2024-12960510>

### This week's useful video

Guinness World Records launch 2024 edition  
[www.youtube.com/watch?v=bBPPhONIY7E](http://www.youtube.com/watch?v=bBPPhONIY7E)

### This week's Virtual Picture News

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

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## Baby Beaver



**Pictured:** Beavers.  
**Source:** Canva.

A baby beaver has been spotted in the Bay Area of San Francisco, USA, for the first time in 160 years! Biologists saw a small animal on the trail cameras installed throughout the area. Initially, they were confused as to what the cameras had captured. 'Finally, it hit me in the head,' commented Bill Leikam, from the Urban Wildlife Research Project. 'Could that be a baby beaver?' The young mammal, which was too small to be an adult beaver, was detected at Matadero Creek near Palo Alto, south of San Francisco. It is believed by scientists that its parents have broken off from a group of beavers that were reintroduced nearby and have now started

a family. Scientists are excited that this means the small group of beavers will now grow in numbers, spread and build dams further afield. 'The beaver ponds in the uplands will also create habitat for all manner of birds, amphibians, bats, and will serve as an insect cafeteria for trout and salmon. That's why we refer to the beaver as a keystone species,' said Dr Rick Lanman, President of the Institute for Historical Ecology. A baby beaver is called a kit, they are born with their eyes open, already have fur and can swim after one day! North America's largest rodent grows quickly and can build dams and lodges with their parents at around one year old.

# Picture News Pupil Journalist Competition!

At Picture News, we're passionate about sharing the news to help you learn more about the world, and unleash new ideas and interests. However, this time, we want to hear your stories!

Practise your journalism skills and tell us about something happening at your school, in your local community, or a cause or topic you care about. Maybe a school fair or fun run is happening, or you want to tell us about a local charity or community project. Whatever it is, we want to know!

Plus, the winning article will be published in this Paper!

Do you want to share your story with children across the country? Email your articles to [help@picture-news.co.uk](mailto:help@picture-news.co.uk) by Friday 20th October. Remember to add your name, age, and school. Any articles sent to us may be published, so you will need permission for the photos you include.

**Happy writing!**



**Pictured:** Writing. **Source:** Canva.

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# Replacement for palm oil?

Scientists from Queen Margaret University (QMU) in Edinburgh have announced they have produced a new ingredient that could potentially be used to replace palm oil. The food experts say that PALM-ALT, which has been tested as an alternative to palm oil in baked goods at the university, is healthier, containing 80% less saturated fat and 30% fewer calories, as well as being better for the environment. The researchers in Scotland say the 100% plant-based ingredient made from a by-product from the linseed industry, natural fibre, and rapeseed oil, is 70% better for the environment. Figures suggest that nearly 50% of all food and cosmetic products contain palm oil. This is because the oil, made from the fruits of trees called African oil palms, has no odour, taste or colour

therefore doesn't alter the flavour of the produce it is added to. However, it creates a smooth texture, whilst working as a natural preservative. Experts say the large demand for the ingredient has caused increased rainforest deforestation. Catriona Liddle, from the QMU team, said of palm oil, 'It's the holy grail to replace it and still have exactly the same end result in product - to taste the same and have the texture the same - and we've done that. We've put it through some special sensory testing to see if a panel can tell the difference between our product and traditional palm shortening, and they can't.' ***Do you think it's a good idea for scientists to look for more environmentally friendly alternatives for ingredients that we use a lot?***



**Pictured:** Catriona Liddle and Dr Julien Lonchamp, who led the research team at Queen Margaret University in Edinburgh. **Source:** Queen Margaret University X page.

## Last week's topic: Is a school more than just a building?



Yes. A school is the people, the classrooms, the learning and much more.

**Ricard**

I believe that a school is the name for all the parts of it combined. A building on its own is just a building.

**Philip**

I think that the building is the school, without it you don't have where people meet together.

**Rosie**

## Let us know what you think about this week's news?

 [www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

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# TAKEHOME



Can anyone break a world record?

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### Things to talk about at home ...

- > Do you know any world records?
- > If you were to attempt a world record, what do you think you would try to do and why?
- > What do you think the benefits would be of setting or breaking a world record?

Please note any interesting thoughts or comments

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