

Weekly Menu: Spring/Summer - Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home
Sausages, waffles, baked beans,peas	Chicken Tikka Masala, Rice, Onion Bhaji, Naan	Roast Gammon,new pots,broccoli,carrots,gravy	Ham & Pepperoni Pizza, Pot salad, Corn cob, Salad	Fish fingers, Ketchup ,Chips, Spag hoops, Peas
Veggie sausages, waffles, baked beans, peas	Spinach, Sweet pot &Lentil Dahl, Rice, Onion Bahji	Veggie Quiche, Roast New pots, Broccoli, Carrots	Cheese Pizza, Pot salad, Corn cob, Salad	Veggie Fingers, chips, spag hoops, peas
Jacket Potato with Cheese, Beans & Salad	Jacket potato with Tuna and Salad	Jacket Potato with Cheese, Beans & Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad
Jacket potato with Tuna and Salad	Jacket Potato with Cheese, Beans & Salad	Jacket potato with Tuna and Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad
Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad
Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad
G&G Egg Mayo Sandwich,Crisps Yoghurt, Fruit, Juice	G&G Tuna Mayo Bagel, Cookie, yoghurt, fruit, Juice	G&G Chicken Mayo Wrap, crisps, yog, fruit, Juice	G&G Cheese Roll, Cookie,Yoghurt, Fruit, Juice	G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice
Dessert	Dessert	Dessert	Dessert	Dessert
Lemon Sponge Cake	Fresh Fruit Salad	Eclairs	Ice Cream	Jam Doughnuts
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits

Allergens

Sausages, waffles, baked beans,peas:**Cereals containing gluten,Eggs,Milk,Sulphur Dioxide**; Veggie sausages, waffles, baked beans, peas:**Cereals containing gluten,Eggs,Milk,Soya**; Jacket Potato with Cheese, Beans & Salad:**Milk**; Jacket potato with Tuna and Salad:**Eggs,Fish,Mustard**; Jacket Potato with Cheese and salad:**Milk**; G&G Egg Mayo Sandwich,Crisps Yoghurt, Fruit, Juice:**Cereals**

containing gluten,Eggs,Mustard,Soya; Yoghurt:**Milk**; Cheese and Biscuits:**Cereals containing gluten,Eggs,Milk,Sesame seeds**; Chicken Tikka Masala, Rice, Onion Bhaji, Naan:**Cereals containing gluten,Milk,Mustard**; Spinach, Sweet pot &Lentil Dahl, Rice, Onion Bahji:**Celery,Cereals containing gluten,Milk,Mustard**; G&G Tuna Mayo Bagel, Cookie, yoghurt, fruit, Juice:**Cereals containing gluten,Eggs,Fish,Milk,Mustard,Sesame seeds**; Roast Gammon,new pots,broccoli,carrots,gravy:**No allergens**; Veggie Quiche, Roast New pots, Broccoli, Carrots:**Cereals containing gluten,Eggs,Milk**; G&G Chicken Mayo Wrap, crisps, yog, fruit, Juice:**Cereals containing gluten,Eggs,Milk,Mustard,Sulphur Dioxide**; Eclairs:**Cereals containing gluten,Eggs,Milk,Nuts,Soya**; Ham & Pepperoni Pizza, Pot salad, Corn cob, Salad:**Cereals containing gluten,Eggs,Milk,Mustard,Soya**; Cheese Pizza, Pot salad, Corn cob, Salad:**Cereals containing gluten,Eggs,Milk,Mustard,Soya**; G&G Cheese Roll, Cookie,Yoghurt, Fruit, Juice:**Cereals containing gluten,Eggs,Milk,Sesame seeds**; Ice Cream:**Milk**; Fish fingers, Ketchup ,Chips, Spag hoops, Peas:**Cereals containing gluten,Fish**; Veggie Fingers, chips, spag hoops, peas:**Cereals containing gluten**; G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice:**Cereals containing gluten,Milk,Sulphur Dioxide**; Jam Doughnuts:**Cereals containing gluten,Eggs,Sesame seeds,Soya**