

## Weekly Menu: Spring/Summer - Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home	Packed Lunch from home
Hot dog, onions,potato wedges, peas, salad	Chicken Fajitas, Mexican rice, nachos & salad	Turkey, stuffing, mash, carrots, broccoli, gravy	Beef Lasagne, Garlic Bread, Sweetcorn, Peas	Jumbo fish finger, Ketchup,Chips,Baked Beans, Peas
Quorn dog, onions, potato wedges, peas, salad	Vegetable Fajitas, Mexican rice, nachos ,salad	Quorn Cottage Pie, Carrots, Brocc, Gravy	Pepper/Courgette Lasagne, Garlic Bread, Sweetcorn	Macaroni Cheese, chips, peas, baked beans, ketchup
Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad	Jacket potato with Tuna and Salad
Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad	Jacket Potato with Cheese, Beans & Salad
Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad	Jacket Potato with Cheese and salad
Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad	Jacket potato with Baked Beans and Salad
G&G Egg Mayo Sandwich,Crisps Yoghurt, Fruit, Juice	G&G Tuna Mayo Bagel, Cookie, yoghurt, fruit, Juice	G&G Chicken Mayo Wrap, crisps, yog, fruit, Juice	G&G Cheese Roll, Cookie,Yoghurt, Fruit, Juice	G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Chocolate Iced Sponge	Fresh Fruit Salad	Fruit Jelly	Banana Cake	Ice Cream
Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits	Cheese and Biscuits
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

### Allergens

Hot dog, onions,potato wedges, peas, salad:**Cereals containing gluten,Sesame seeds,Soya,Sulphur Dioxide**; Quorn dog, onions, potato wedges, peas, salad:**Cereals containing gluten,Sesame seeds,Soya**; Jacket potato with Tuna and Salad:**Eggs,Fish,Mustard**; Jacket Potato with Cheese, Beans & Salad:**Milk**; Jacket Potato with Cheese and salad:**Milk**; G&G Egg Mayo Sandwich,Crisps Yoghurt,

Fruit, Juice: **Cereals containing gluten, Eggs, Mustard, Soya**; Chocolate Iced Sponge: **Cereals containing gluten, Eggs**; Cheese and Biscuits: **Cereals containing gluten, Eggs, Milk, Sesame seeds**; Yoghurt: **Milk**; Chicken Fajitas, Mexican rice, nachos & salad: **Cereals containing gluten**; Vegetable Fajitas, Mexican rice, nachos, salad: **Cereals containing gluten**; G&G Tuna Mayo Bagel, Cookie, yoghurt, fruit, Juice: **Cereals containing gluten, Eggs, Fish, Milk, Mustard, Sesame seeds**; Turkey, stuffing, mash, carrots, broccoli, gravy: **Cereals containing gluten, Milk**; Quorn Cottage Pie, Carrots, Brocc, Gravy: **Cereals containing gluten, Eggs, Milk**; G&G Chicken Mayo Wrap, crisps, yog, fruit, Juice: **Cereals containing gluten, Eggs, Milk, Mustard, Sulphur Dioxide**; Fruit Jelly: **No allergens**; Beef Lasagne, Garlic Bread, Sweetcorn, Peas: **Cereals containing gluten, Eggs, Milk, Mustard, Sesame seeds, Soya**; Pepper/Courgette Lasagne, Garlic Bread, Sweetcorn: **Cereals containing gluten, Eggs, Milk, Mustard, Sesame seeds, Soya**; G&G Cheese Roll, Cookie, Yoghurt, Fruit, Juice: **Cereals containing gluten, Eggs, Milk, Sesame seeds**; Banana Cake: **Cereals containing gluten, Eggs**; Jumbo fish finger, Ketchup, Chips, Baked Beans, Peas: **Cereals containing gluten, Fish, Milk, Mustard**; Macaroni Cheese, chips, peas, baked beans, ketchup: **Cereals containing gluten, Milk**; G&Go, Sausage Roll, Crisps, Yoghurt, Fruit, Juice: **Cereals containing gluten, Milk, Sulphur Dioxide**; Ice Cream: **Milk**